

Wessex Anaesthetists in Training Conference 2022



0900 – 0930	Registration
0930 – 0945	Welcome, housekeeping & sponsors WAIT Committee 2022
0945 – 1015	Deanery & curriculum updates Wessex deanery
1015 – 1100	Competition presentations <i>Amy Cash CPET: Does onward referral to cardiology impact major surgery?</i> <i>Alexander Jackson Prevention of accidental awareness under general anaesthesia: a regional service evaluation</i> <i>Razaz Elsheikh ARDS Audit</i> <i>Tim Browning Audit of complications of hypertensive therapy for cerebral vasospasm following aneurismal SAH</i>
1100 – 1130	Coffee
1130 – 1215	Hypnosis in anaesthesia Paul Slater
1215 – 1300	Trauma induced coagulopathy – current understanding & treatment Ross Davenport
1300 – 1400	Lunch
1400 – 1445	Operational human factors James Newton
1445 – 1530	Stabilising the collapsed infant – the first 30 minutes James Tooley
1530 – 1600	Coffee
1600 – 1645	Cardiac anaesthesia overseas, charitable work & global health Andy Curry
1645 – 1730	A minor setback Geoff Watson & Alex Lewis
1730	Prizes, conference close & call for WAIT 2023 WAIT Committee 2022

Speaker biographies

Paul Slater

Paul Slater has worked as a consultant anaesthetist at Northampton General Hospital since 2009 and has interests in obstetric and colorectal anaesthesia. He has used hypnosis for over 10 years in his practice both formally and informally to help patients undergoing medical procedures. Dr Slater completed a diploma in clinical hypnosis and stress management in 2013 with the British Society of Clinical and Academic Hypnosis and he teaches hypnosis at a national and local level to anaesthetic and other hospital staff.

Ross Davenport

Ross Davenport is a Senior Lecturer in Trauma Sciences at C4TS and consultant trauma and vascular surgeon at the Royal London Major Trauma Centre, Bart's Health NHS Trust. His research focus is on trauma-induced coagulopathy, the acute response to injury and the treatment of major trauma haemorrhage. He has previously worked in pre-hospital care for both London and Essex & Herts Air Ambulances. Currently he is a personal tutor and module lead for the online Masters programme in Trauma Sciences at QMUL.

James Tooley

James has been a Consultant in Paediatrics and Neonatal Intensive Care for more than ten years and works full time as a Paediatric and Neonatal Retrieval Medicine Consultant based out of Bristol. He is also a Critical Care Doctor for Great Western Air Ambulance and Clinical Lead for the Bristol and Avon based medical charity Bravo Medics. When James isn't in the back of an ambulance he likes to spend time at home with his wife and two children.

James Newton

James Newton joined the Fleet Air Arm (Royal Navy) in 1991 and during his career flew over 16 different aircraft types with operations in Northern Ireland, Iraq and Afghanistan. He flew as an instructor and examiner for over 16 years in his 24-year career. He Commanded 845 Naval Air Squadrons and was awarded a Distinguished Flying Cross for valour in the air (the first Naval Pilot since the Korean war to receive one) during armed helicopter operations in 2003. After retiring from active duty as a Commander, James set up Vantage Aviation Limited. The main focus and directive of the company was to provide the best standards of training across the globe, offering the same level of training that would have been provided to all students within the military flying program. James flies Commercial fixed wing and Rotary aircraft, with both EASA and FAA licences; his wealth of knowledge as a former Commanding officer of 845 Naval Air as well as an Accountable-manager for a EASA and FAA training school. James lives between the USA and UK is married with one son. In his spare time he enjoys shooting, fishing, yoga and fast cars.

Andy Curry

Andy Curry is a Consultant in Cardiothoracic Intensive Care and Cardiac Anaesthesia, with a particular interest in congenital heart disease in both paediatrics and adults, and in advanced cardiovascular support utilising extracorporeal circuits (ECMO). He trained in medicine at Cambridge University, qualifying in 1998, and has an MA in Pharmacology. He has been a Consultant at University Hospital Southampton since 2008, where he is the Lead for Congenital Cardiac Anaesthesia, Lead Anaesthetist for ECMO, and was Clinical Lead for Adult Cardiac Intensive Care from 2018-2022 during the Covid pandemic. He co-ordinates anaesthesia for patients with advanced renal tumours requiring cardiopulmonary bypass to facilitate IVC surgery, and patients with congenital heart disease in pregnancy or who are undergoing non-cardiac surgery. He is involved in education related to cardiac anaesthesia and also for congenital heart disease within the UK for the RCoA and APAGBI, and outside the UK for the Scandinavian Society of Anaesthesia and Intensive Care and with the 'Chain of Hope' and 'Mission Bambini' charities. He spent a year on Sabbatical in 2009 working at C.S. Mott Children's Hospital in Ann Arbor, Michigan specialising in the care of congenital heart disease patients with single-ventricle circulations. He is married with 4 grown-up children and lives in the New Forest and is a keen photographer and motorcyclist.

Geoff Watson

Geoff Watson has been in Winchester for over 20 years, working in Anaesthetics and Intensive Care. He grew up in Bristol, treating English as a second language, which he continues to demonstrate through his failure to pronounce simple medical terms correctly. Having gained a medical degree from the oldest medical school in the country (The London Hospital Medical College) he returned West to complete his training, with a stint in the Far East (Hong Kong) before becoming a consultant. A few years ago he met Alex Lewis who was doing a passable impression of a dying man; maxed out on vasopressin and noradrenaline amongst other toxins. With the aid of an incredible Intensive Care team in Winchester and an industrial dose of dexamethasone he saw the miraculous turnaround that led him to join Alex in some mad-cap adventures to the top of mountains and beyond. Life will never be the same again.

Alex Lewis

Aged 34, Alex thought he had 'man flu' but collapsed and was rushed to hospital. He was given just hours to live and a 3% chance of survival. In fact he had contracted Strep A followed by Septicaemia which led to him having all four limbs amputated. As well as losing his limbs, Alex also lost his lips and nose. Surgeons have since grafted skin from his shoulder into lips leaving him, he jokes, looking like a Simpsons character and with a nose that constantly runs. Instead of spiralling into despair and retreating into a state of self-pity, Alex took a truly inspirational approach to what happened to him. The positivity 40-year-old Alex has found since his life changing illness has been remarkable. In the past seven years Alex has set up the Alex Lewis Trust to raise funds for his rehabilitation, which has given him a huge impetus to help others. Alex also participates in research projects with Imperial College, Southampton University, Bath and Loughborough University developing new technology ranging from the development of muscle whispering devices for the American Navy to prosthesis design, and wearable assistive technology. Alex continues to break barriers by becoming the first quadruple amputee to kayak around the southern tip of Greenland and complete a three hundred and twenty mile expedition along the Orange River in South Africa. In 2019 he became the first quadruple amputee to hand cycle 15,000 feet up the highest mountain range in Ethiopia in a solar assisted four wheeled vehicle designed by Engineering students at the University of Southampton. The project enabled Alex to try and challenge the cultural view of disability in Ethiopia and drive change in the attitude of the people towards the disabled in their communities. Alex inspires people to see life differently, take every opportunity that comes their way and live life to the full. His keen sense of humour and self-deprecating manner stays with his audience as a reminder that life can send us curved balls for any of us at any time. It's how you conquer it that defines you.

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